Message From Your Heart

Worksheet

Part A: Heart anatomy

Label different parts of the heart cross-section.

A picture containing antenna

Description automatically generated

Part B: Cardiac conduction

Label and draw the electrical signal transmission pathway in the heart below.

Diagram

Description automatically generated

Part C: ECG waveform

Draw the normal ECG waveform of one cardiac cycle.

Part D: Heart rate

Wrist measurement: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ per minute

Calculated from ECG: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ per minute  
Heart rate after exercise: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ per minute